



Halifax
Regional Centre for Education

**Schools
Écoles Plus**
NOVA SCOTIA / NOUVELLE-ÉCOSSE

Presents



**HANDLE
WITH CARE**

Handle with Care is a 6-week parenting program that focuses on promoting healthy attachment and positive mental health in young children. All Smokey Drive Elementary families with children between birth and 6 years old are welcome to apply to attend.

Please email your SchoolsPlus Community Outreach Worker at michelle.boudreau@hrce.ca with the subject line "Handle with Care" by September 28th to express your interest. Registration will be limited.

Cost: Handle with Care is free.

Where: Virtual on the Zoom platform due to the pandemic.

When: Wednesdays mornings from October 13th to November 17th

Time: 10:00am-12:00pm

For more information:

Michelle Boudreau, SchoolsPlus Community Outreach Worker,
902-399-8320 (call or text) or email michelle.boudreau@hrce.ca

